Abstract

Genu recurvatum is defined as position of the tibiofemoral joint in which the range of motion occurs beyond neutral or 0° of extension. It is common in females. Its main causes are classified into dynamic and structural knee recurvatum. The structural knee recurvatum can be congenital or acquired. Genu recurvatum can be classified into three types according to the position of the talocrural axis: external rotary recurvatum, internal rotary recurvatum, and non-rotary recurvatum deformity. Genu recurvatum is diagnosed by plain X-ray standing position lateral view. The main line of treatment of genu recurvatum is either surgical rehabilitation or orthosis. The common type of the operation used is Ilizarov.

Keywords

Genu Recurvatum, Anterior cruciate ligament, Posterior cruciate ligament, External rotary deformity recurvatum,